



The Early Intervention Program

Available in select schools across the Ottawa-Carleton Region

What is the Early Intervention Program?

The Early Intervention Program (EIP) is a school-based psycho-educational program which supports prevention and early intervention for adolescents with risk factors for substance abuse and related mental health issues.

The EIP aims to increase the ability of at-risk adolescent to use life skills and positive coping strategies to make healthy life decisions. The Program helps build social skills, communication skills, assertiveness, decision-making, and self-esteem.

The Program operates under a 'train the trainer' model in identified schools and community agencies. This training prepares participating schools and community agencies to run the program on their own.

The EIP also offers a six-week structured parent program to help parents encourage their teen while attending the adolescent program through information, prevention strategies and support.

Who is EIP for?

The EIP is primarily for adolescents, aged 12 to 18 years, who are at risk or who may have begun to experience school, social, family, or legal problems related to substance abuse or other related mental health issues.

Participation in EIP is voluntary and the adolescent must be attending a school where the program is being offered and have written consent of their parent/guardian to participate.

How to Access the Program

Adolescents interested in the EIP must be attending one of the schools where the Program is available and contact can be made through school teachers or guidance counselors.

Hours of Service

The EIP operates from Monday to Friday during the school year, and specialized summer programming is also available. Evening parent programs are offered at various locations in the National Capital Region.

Fast Facts

- The Royal Ottawa Mental Health Centre's Substance Use & Concurrent Disorders Program offers a variety of services to help patients and their families learn about substance abuse and how to live a chemical-free lifestyle.
- Addiction treatment services are available to anyone with a determination to stop alcohol or drug abuse. Referrals may be made through a physician or addiction organization, and self-referrals are also accepted by calling 613.722.6521, ext. 6508. The costs of treatment are covered by OHIP.

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Team Members

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For more information about the
Royal Ottawa Mental Health
Centre's Early Intervention
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Contact Us

Substance Use &
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Program

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