



Royal Ottawa Mental Health Centre

The Royal Ottawa Mental Health Centre has been providing mental health treatment to residents of Eastern Ontario since 1961. Today, it is the provider of specialized mental health services in Eastern Ontario for people with serious, complex and recurring mental illness.

It is a teaching center of the University of Ottawa and provides an integrated approach to advancing the treatment of people with mental illness, research and education.

The mental health center offers both inpatient and outpatient programs that are designed to meet the treatment needs of people with a serious mental illness. Treatment is tailored to individual needs and is developed in conjunction with patients and their support system.

The clinical programs at the Royal Ottawa Mental Health Centre focus on:

- Anxiety Disorders
- Community Outreach
- Forensic Psychiatry
- General Psychiatry in Transition
- Geriatric Psychiatry
- Intensive Assessment and Intervention
- Mood Disorders
- Schizophrenia
- Sleep Disorders
- Substance Use & Concurrent Disorders
- Youth Psychiatry

Clinicians at the Royal Ottawa Mental Health Center work with their partners throughout the health care system to ensure that patients have timely access to specialized psychiatric services and that treatment is tailored to individual patient needs. Each program provides services that may include inpatient, outpatient, partial hospitalization, day hospital, assertive community treatment, outreach and psychiatric rehabilitation.

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