



Royal Ottawa Mental Health Centre

The Royal Ottawa Mental Health Centre (ROMHC) has been providing mental health treatment to residents of Eastern Ontario with serious, complex and recurring mental illness since 1961.

Today's 400,000 square-foot facility features a state-of-the-art psychiatric teaching hospital with 188 inpatient beds and houses the University of Ottawa Institute of Mental Health Research and Royal Ottawa Foundation for Mental Health.

The ROMHC is a teaching centre of the University of Ottawa and provides an integrated approach to advancing the treatment of people with mental illness, research and education. Patients are referred from psychiatric programs in hospitals throughout the region when specialized care is appropriate.

Programs & Services

The ROMHC offers both inpatient and outpatient programs designed to meet the unique treatment needs of people with a serious mental illness. Treatment is tailored to each individual and developed in collaboration with patients and their support system.

The clinical programs at the ROMHC focus on:

- Anxiety Disorders
- Community Outreach
- Forensic Psychiatry
- General Psychiatry in Transition
- Geriatric Psychiatry
- Intensive Assessment & Intervention
- Mood Disorders
- Schizophrenia
- Sleep Disorders
- Substance Use & Concurrent Disorders
- Youth Psychiatry

Each program provides services that may include inpatient, outpatient, partial hospitalization, day hospital, assertive community treatment, outreach and psychiatric rehabilitation.

A Vision of Mental Health & Well Being for All

Clinicians at the ROMHC work with their partners throughout the health care system to ensure that patients have timely access to specialized psychiatric services and that treatment is customized to meet each patient's needs.

The redevelopment of the ROMHC in 2006 was part of a province-wide effort to bring mental health care out of the shadows, and provide a leading-edge hospital which combines a healing, therapeutic environment filled with natural light, diverse patient courtyards and a soaring Winter Garden atrium for the enjoyment of patients, staff and visitors alike



Contact Us

1145 Carling Avenue
Ottawa, Ontario K1Z 7K4
Ph: 613.722.6521
www.rohcg.on.ca