



## **Brockville Mental Health Centre**

For over 100 years, the Brockville Mental Health Centre has been a leader in the development of effective treatments for those affected by mental health issues.

Founded in 1874 as the Eastern Hospital for the Insane, this facility continually broke new ground in mental health therapy to benefit the people it served, including specialized training for psychiatric nursing, occupational/vocational/recreational therapy, and community outreach programs.

Even in its very early days, ‘moral’ or ‘humane’ therapy was very much in vogue, and treatment at Brockville was marked by an absence of restraint in combination with personal freedom, kindness, patience as well as systematic recreation, amusement and occupation.

Currently a teaching centre of the University of Ottawa, BMHC is a specialized psychiatric facility that provides an integrated approach to advancing the treatment of people with mental illness, research and education.

BMHC offers both inpatient and outpatient programs that are designed to meet the treatment needs of people with a serious mental illness. Treatment is tailored to individual needs and is developed in conjunction with patients and their support system.

Currently approximately 200 inpatients and 1,100 outpatients receive active treatment through BMHC’s clinical programs and services, which include:

- Integrated Forensic Program – a 59-bed unit and outpatient service located in Brockville but integrated with the Integrated Forensic Program at the Royal Ottawa Mental Health Centre;
- Secure Treatment Unit – a 100-bed Schedule 1 Facility within a correctional complex for male offenders identified with a serious mental illness serving provincial sentences in Ontario;
- Acute Psychiatry (Elmgrove Service) – a 24-bed inpatient unit and outreach service;

- Assertive Community Treatment Teams – intensive community treatment teams, located in Brockville (serving Leeds-Grenville, Lanark counties), Casselman (serving Prescott-Russell, and a partner with the Montfort Hospital);
- Geriatric Psychiatry Community Outreach Team – an outreach consultation service; and
- Homes for Special Care Program – residential care to individuals with a mental illness who no longer require hospitalization.

For more information about the Brockville Mental Health Centre, please call 613.345.1461.

#### Contact Us

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